

PD Level 2 Health & Social Care Training
Knowledge Test

Autism Spectrum Disorder

Knowledge Paper Answers

- 1) Identify one of the sensitivities of an autistic person.
Loud noises / bright lights / certain tastes / smells and crowded situations
- 2) How does autism affect individuals?
Affects how they communicate and relate to people.
- 3) How is autism diagnosed?
By looking at their behaviour and in children, their development
- 4) How are the three characteristics affected by autism referred to?
Triad
- 5) Why would people struggle to interact with an individual with ASD?
The autistic person has difficulty initiating, reply and interacting in conversation.
- 6) If you attended an event with an individual with autism and people asked the individual questions but no reaction would you;
 - a) Answer the questions for the individual
 - b) Wait for the individual then try and assist them if they don't reply after a short time**
 - c) Start talking about something else.
- 7) How can you help promote an individual's social interactions?
Prepare the individual for social interactions and try to prepare the environment by teaching peers etc how best to interact with them.
- 8) Which was the first ever disability specific law in England which included Autism?
 - a) The Autism Act 2009**
 - b) The Care Act 2014
 - c) The Disability Discrimination Act 1995
 - d) The Equality Act 2010
- 9) Which Strategy is included in the Statutory Guidelines
'Think Autism' strategy
- 10) Why might an individual struggle with being involved in the decision making about their own care?
They struggle to recognise and remember information they have been given

11) Name four of the protected characteristics laid out in the Equality Act

Age / disability / gender reassignment / marriage and civil partnerships / pregnancy and maternity / race / religious belief / sex / sexual orientation

12) What is the name of the set of values within health and social care?

The 6 'C's

13) Name three of them.

Care / compassion / competence / communication / courage / commitment

14) Why would an individual with autism be more at risk of being manipulated than other people?

They have difficulties identifying other people's emotions and feelings which puts them at risk as they are unable to understand others' motives.

15) How would you assist an individual who kept insisting it was time for lunch straight after breakfast?

Provide a visual timetable for the day to help them make sense of the activities, what will happen and when.

16) How is it best to inform an individual about a change in their activities?

Give them plenty of warning and mark it on a visual calendar or planner.

17) How can an individual's environment affect their behaviour?

Sound / smell / touch / colour / pattern / space / contents

18) What is the best way to find out the needs of the individual?

Talk to them, their family, any support workers they may have and read their care plan

19) What kind of condition is autism classed as?

Developmental

20) Which of these is true;

- a) Autism develops in the teenage years
- b) Autism is triggered by stress or trauma
- c) Autism is something you are born with
- d) Autism is a result of being within a certain environment